

Silesian Beskids



Silesian Beskids (Polish: *Beskids Śląski*, Czech: *Slezské Beskydy*, German: *Schlesische Beskiden*) is one of the Beskids mountain ranges in Outer Western Carpathians in southern Silesian Voivodeship, Poland and the eastern Moravian-Silesian Region, Czech Republic.



There are many popular holiday resorts for both winter and summer activities, with centers in the towns under the mountains (Wisła, Istebna, Ustroń, Szczyrk) and also in smaller resorts, hamlets and chalets throughout the mountains, especially on the ridges.



The mountains are 80% forested, though mainly by plantations of spruce. Originally, the mountains were covered by mixed forest with dominant beech which are preserved in many places.

Jastrzębie-Zdrój



Jastrzębie-Zdrój is a city located in the south of Poland, in the region of Upper Silesia. Its name comes from the Polish words: *jastrząb* (hawk) and *zdrój* (spa)



In 1895, the natural health centre was taken over by a Polish doctor, Mikołaj Witczak, who lent great service to the development of health-resort in Bad Königsdorff-Jastrzemb.



Our address: **Szkoła Podstawowa nr 1 im. II Armii Wojska Polskiego w Jastrzębiu-Zdroju**
ul. Pszczyńska 125 A,
44-335 Jastrzębie-Zdrój
tel./fax 32 474 15 86
ooczta@sp1.iastrzebie.pl

Górny Śląsk



Upper Silesia is the most densely populated and industrial region of Poland. It is famous for the coal mining and steel works industry. Despite its industrial character, Upper Silesia offers tourists a great number of attractions – the picturesque landscapes, the stunning historical monuments, the pilgrimage places and the ruins of medieval castles and ski routes

